



Mutual Respect and Tolerance

We are all different so the way we respond to the demands or pressures we may face will be different too.

We understand and respect that not everyone is the same and everyone needs to be treated as an individual.

Protected Characteristics

'I think this year especially has shown that women are strong and nothing can stop you doing what you want to do. Your age or gender don't stop you.' – diver, Andrea Spendolini-Sirieix





















UN Rights of a Child



Governments should let our families and communities guide us. They can help us find ways to respond to life's pressures and learn to use our rights in the best way. As we grow, we will need less guidance.

