



# Wistaston Academy

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Throughout the year the children will learn the nursery daily routines and rules for the indoor (Rainbow) and outdoor provision. They will speak with confidence to new adults and friends and develop their confidence during group and circle times. Children will make new friends and develop relationships with other people. They will share toys and resources and learn how to take turns. Children will learn how to express their feelings and interests and how to deal with our emotions appropriately. They will learn to understand others needs and feelings and learn to how to care for each other and animals. They will learn how to deal with changes in a positive way e.g. transition into Reception.					
	<b>Managing Feelings and Behaviour</b> <b>Self-Confidence and Self-Awareness</b> <b>Making Relationships</b>	<b>Managing Feelings and Behaviour</b> <b>Self-Confidence and Self-Awareness</b>	<b>Making Relationships</b>	<b>Managing Feelings and Behaviour</b> <b>Self-Confidence and Self-Awareness</b>	<b>Self-Confidence and Self-Awareness</b>	<b>Self-Confidence and Self-Awareness</b>
Reception	<b>I Belong</b> Children will talk about the need for rules to keep them safe, to help them learn and to develop their social skills. Their well-being, friendships and transition into Reception will be promoted by developing a sense of belonging within the setting through sharing personal objects from home. <b>Look What I Can Do!</b> Children will learn about the	<b>Super Me</b> Children will learn effective strategies to develop a high self-esteem by making their own self-esteem shield and talking about what makes them different and the things they are good at. <b>How I Feel</b> Children will learn about emotions and feelings by recognising what different emotions and feelings look like. They will learn to recognise their their	<b>Fabulous Friends</b> Children will learn about what qualities make a good friend. They will make their own friendship potion to make them kind friends. They will explore the definition of friendship and how to be a true friend by making their own friendship bracelet to give to a friend and complete the Friendship Challenge to learn more about their friends in Reception.	<b>My Marvellous Mind</b> Children will re-visit feelings and emotions and learn some strategies that they can use to regulate them e.g. calm down techniques when dealing with uncomfortable feelings. Children learn about gratitude and begin to explore the things they are grateful for. They will learn some strategies that they can use to develop a positive outlook to help them	<b>Yes I Can</b> Children will learn about their brain and will develop a greater understanding of how they learn new skills.	<b>Changing Me</b> Children will prepare for transitioning into Year 1 by making a special box to share with their new Year 1 class on transition day.



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	<p>importance of tidy-up time by discussing the importance of tidy-up time and develop their tidying up skills.</p> <p><b>It's Good To Share</b> Children learn about sharing and some strategies that they can use to help them to take turns.</p>	<p>own feelings and emotions and begin to share how they are feeling.</p>		<p>deal with uncomfortable situations and recognise. Children will practise using their senses to focus on the present, which can help with the management of uncomfortable feelings.</p>		
	<b>Relationships</b>	<b>Relationships</b>	<b>Living in the Wider World</b>	<b>Living in the Wider World</b>	<b>Health and Wellbeing</b>	<b>Health and Wellbeing</b>
Year 1	<p><b>TEAM</b> - Children learn about the importance of being kind to others, the effects of bullying and teasing and what to do about it if they see it happening, or it happens to them. They will also think about effective learning skills and how to identify good and not-so-good choices.</p>	<p><b>Be Yourself</b> - Children are encouraged to recognise different emotions and explore different strategies to help them manage any uncomfortable feelings they experience. They will learn about how big life changes impact on feelings and emotions and explore the importance of sharing their thoughts and feelings.</p>	<p><b>Money Matters</b> - Children will discuss the idea of spending and saving their money and begin to understand why it is important to keep belongings, including money, safe. They will also learn about the different things on offer when they go shopping and how we need to identify the difference between what we want and what we need.</p>	<p><b>Britain</b> - Children will identify that they belong to various groups and communities and ways in which they contribute positively to these. In this unit, children learn about community, being good neighbours and looking after the environment. They will also learn about Britain, what it means to be British, about diversity and the importance of celebrating and being</p>	<p><b>It's My Body</b> - Children can make safer choices: their body, sleep and exercise, diet and cleanliness. Children will learn facts about each of these areas and learn strategies to manage them. The message of choice and consent runs through the unit and children are encouraged to get help from trusted adults when necessary.</p>	<p><b>Aiming High</b> - Children will discuss positive views of themselves and will then identify how having a positive learning attitude can help them tackle and achieve new learning challenges and improve learning outcomes. There will also be a focus on aspirations for the future, different jobs and roles and in doing this, some of the difficulties faced</p>



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				respectful of our differences.		by stereotyping will be explored.
Year 2	<p><b>Growing Up -</b> Children will learn about their own and others' bodies, looking at similarities and differences in people and learning about gender stereotypes. They will also learn about respecting their own and others' bodies, keeping their bodies safe and sharing their feelings in response to life experiences.</p>	<p><b>VIPs - (Very Important Persons)</b> Children will identify what makes someone a special person in their life and who these are. They are also encouraged to explore why families and friendships are important and understand there are things they can do to resolve differences and build healthy and positive relationships within them. The children will also be taught the importance of cooperation and how to show the special people in their lives that they care and the positive impact of doing this.</p>	<p><b>Respecting Rights -</b> Children will explore the concepts of difference and fairness and be encouraged to reflect on how we should behave towards those who are different from us and why it is important to be fair. They will also learn about who helps us to protect our rights and what we can do if we don't feel safe. They will also reflect on how they can take part in the school community and why it is good to do what we can to make a positive difference.</p>	<p><b>One World -</b> Children will explore their own family life, home and school and compare these to children's family life, homes and school from around the world which are different from their own. The children will also learn about the relationship between people and their environment and how this affects their way of life. They will also learn about how people use the earth's resources and the importance of protecting the earth for ourselves and future generations and how we can work together to do this.</p>	<p><b>Think Positive -</b> Children will recognise, talk about and accept their feelings, both positive and negative, as well as how to manage certain emotions. They will explore themes of thinking positively and calmly, making good decisions and developing resilience. They will also explore the positive feelings associated with being thankful, grateful and mindful.</p>	<p><b>Safety First -</b> Children will learn about everyday dangers, in the home and outside and how they can keep themselves safe. Children will also learn about the Internet and how to stay safe online. They will be taught about the Underwear Rule, which includes information about appropriate and inappropriate touching and knowing that what is inside their underwear is private. Children will also learn about people who help them and how to get help when needed, as well as their growing responsibility for their own safety.</p>
Year 3	<p><b>TEAM -</b> Children will identify the impact their actions have on</p>	<p><b>Be Yourself -</b> Children will explore their strengths and</p>	<p><b>Money Matters -</b> Children will discuss how we spend</p>	<p><b>Britain -</b> Children will learn about British people, rules, the</p>	<p><b>It's My Body -</b> Children will explore the choices they can</p>	<p><b>Aiming High -</b> Children will</p>



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	<p>the team they are working in. They will learn about successful teamwork skills, being considerate of others in the team and how to positively resolve any conflicts that occur. They will also learn about their individual responsibilities towards teams they work in and how new starts, such as starting a new school year, may feel and how they can support each other in this.</p>	<p>achievements, how to express their thoughts and feelings respectfully and how to be assertive when in uncomfortable situations. The children will also have an opportunity to explore the influence of the media in how we view ourselves and analyse the reality of these messages. They will also explore how to make things right when we make mistakes and the importance of learning from these mistakes.</p>	<p>money, why people might need to borrow money and the consequences of this. Children will begin to discuss the difference between things we want, things we need and how to prioritise our spending. Through this unit of learning, children will also consider what influences their spending and how we can keep track of what we spend.</p>	<p>law, liberty and what living in a democracy means. They will also learn about the importance of being tolerant of differences within their society.</p>	<p>make about looking after their bodies. They will look at making safer choices about their bodies, sleep and exercise, diet, cleanliness and substances. Children will learn facts about each of these areas and learn strategies on how to manage them. Children will be encouraged to get help from trusted adults when necessary.</p>	<p>identify ways of applying a growth mindset to new challenges and learn about the importance of resilience. Children will share aspirations for the future, with regard to employment and personal goals, and through this learning they will consider different jobs and roles. Children will also have the opportunity to think further about the specific skills they might wish to develop in order to achieve their short, mid and long-term goals.</p>
Year 4	<p><b>Growing Up -</b> Children will learn about their own and others' bodies and how male and female bodies play a part in human reproduction.</p>	<p><b>VIPs - (Very Important Persons)</b> Children will look at friendships, how friendships are formed and maintained, and the</p>	<p><b>Respecting Rights -</b> Children will learn that no one should take away their rights and they will explore the ideas of equality and discrimination</p>	<p><b>One World -</b> Children will look at a case study of a fictional girl who lives in Malawi and they will explore different aspects of her life.</p>	<p><b>Think Positive -</b> Children will build on what they have already learnt about feelings, both positive and negative and how our attitude</p>	<p><b>Safety First -</b> Children will consider what it means to take responsibility for their own safety. This will include the decisions they make</p>



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	They will also learn about different relationships and family structures.	qualities of a good friend. They will then move on to explore disputes and bullying and will address strategies for coping with each of these.	and the consequences of both. Children will learn about how they can make choices and take actions that respect the rights of others and challenge stereotypes. They will also learn about rules – why we have them and how they help us.	Children will see how people’s life experiences and opportunities differ throughout the world and that our actions can have both positive and harmful effects on people living in different countries. Children will explore the concepts of inequality and stereotypes and be encouraged to reflect on what they can do to help make the world a fairer place. Children will also learn about climate change and its effects, fair trading practices and organisations which help people. They will learn about how to be a good global citizen as well.	towards life can affect our mental health. They will explore themes such as thinking positively and calmly, managing difficult emotions, taking responsibility for decisions and developing a growth mindset approach to learning.	and how they can stand up to peer pressure in a range of situations. They will learn about everyday risks, hazards and dangers and what to do in risky or dangerous situations. They will also learn about road safety and dangerous substances; drugs (including medicines), cigarettes and alcohol. Children will look at e-Safety, considering what should never be shared and how to report any concerns about online incidents.
Year 5	<b>TEAM</b> – Children will consider the key qualities and skills needed for a team to	<b>Be Yourself</b> - Children will focus on the importance of recognising situations	<b>Money Matters</b> - Children will think about how money is used in the wider	<b>Britain</b> - Children will identify how they can make a positive contribution to the	<b>It's My Body</b> - Children will learn about how to take care of their bodies.	<b>Aiming High</b> – Children will discuss achievements they have accomplished



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	<p>be successful. They will explore what collaborative learning is and learn how to compromise to ensure a group task is completed successfully. They will address the importance of caring for team members and the shared responsibilities a team has.</p>	<p>where they need to make positive choices in order to do the right thing. They will also explore how to avoid being led into tricky situations and how to recognise and respond to peer pressure. Children will look at how to be confident and how to manage uncomfortable feelings. Children will also investigate how to make things right when they make a mistake.</p>	<p>world. They will discuss the possible consequences of taking financial risks and identify ways to avoid these. Children will also learn about influences advertisers try to use to encourage us to spend our money and how to see the real value of products by being critical consumers. Children will learn about budgeting and discuss what happens if people cannot afford what they need to buy. Children will also have the opportunity to discuss how our earning and spending can contribute to society through the payment of tax.</p>	<p>community. They will learn about the law and the consequences of not respecting it. They will also learn about the workings of local and national government and the role of charities and voluntary groups in British society.</p>	<p>This will involve learning about consent and autonomy, learning about body image and stereotypes and learning about substances which are harmful to our bodies. Children will also learn about the importance of sleep and keeping clean, especially as their bodies change during puberty. Children will be encouraged to consider the choices they have and learn about the support that is available to them.</p>	<p>so far and the type of attitude that helps us succeed. They will also learn about their own personal preferred learning styles, to understand how they learn best. Children will look at challenges people face and barriers to success, then think about strategies we can use to overcome such obstacles. They will identify opportunities that are available to them now and those which may be available to them in the future.</p>
Year 6	<p><b>Growing Up</b> - The children will build on their knowledge of how we grow and change, both</p>	<p><b>VIPs</b> - (Very Important Persons) Children will identify who their VIPs are within their families</p>	<p><b>Respecting Rights</b> – Children will learn that no one can take away their rights. They will explore the</p>	<p><b>One World</b> - Children will learn that we all have a responsibility to help the environment and all</p>	<p><b>Think Positive</b> – Children will be encouraged to further develop their understanding about</p>	<p><b>Safety First</b> - Children will consider what it means to take responsibility for their own safety.</p>



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	<p>physically and emotionally and the types of relationships that people have. They will learn about sexual relationships. They will also learn about positive body images and stereotypes.</p>	<p>and friendship groups and how important kindness and respect are within these relationships. Children will explore how to address conflicts and resolutions in relationships. They will also look at the secrets and dares as well as healthy and unhealthy relationships.</p>	<p>ideas of equality and discrimination and the consequences of both. Children will learn about how they can make choices and take actions which respect the rights of others. They will also learn about human rights activists and how they work to make the world a better place.</p>	<p>living things throughout the world through the choices we make. Children will explore the ideas of sustainability, the use of earth's natural resources and the harmful effects of global warming. Children will learn about the steps they can take to reduce these harmful effects. They will also learn about biodiversity and its importance and explore what they would like to do to make the world a better place.</p>	<p>thoughts and emotions, both positive and negative. Children will explore themes such as: the links between our thoughts, feelings and emotions; making good choices; mindfulness and applying a growth mindset approach to life.</p>	<p>They will assess the risk associated with different situations and learn about what to do if they feel in danger. They will also learn about how to identify an emergency, what to do in this situation and how to get help when needed. Children will look at e-Safety in detail, including social media, considering what should never be shared and how to report any concerns with incidents online.</p>
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